

DAY AND DATE

I NEED TO LEAVE AT

FLIGHT/TRAIN/BUS DEPARTURE

PACK BEFORE LEAVING

THE MOST IMPORTANT THINGS - CHECK IF THEY ARE PACKED

CHECK AT HOME

HOW MANY BAGS/SUITCASES?

FOOD TO TAKE FROM THE FRIDGE?

STUFF AWAY ALREADY? -SENT/PACKED IN THE CAR?

CALL/TEXT SOMEONE BEFORE LEAVING?

YES
YES
YES

NO
NO
NO